



# Your Wish Has Been Granted--Goosey For Dinner!!!



By Hannah Maxwell

How many times have you had a craving for a Goosey sandwich, only to realize it's 5 p.m. and the Goose is closed? Your whole night is ruined and you can't get that sandwich out of your head. You settle for a sub from Wawa or Subway, but their sandwiches just aren't on the same playing field as a Goosey sandwich. Goosey would be like a pro baseball team, while Wawa is more like your high school's varsity baseball team. It's fun to watch your old high school play, but



who would pass up a pro game for it?

Well, I have good news for all you Goosey fans. You will never have to settle for Subway or Wawa again because the Goose is now open for dinner! Many of you noticed that the Goose has been under construction for the last couple of months. I heard rumors that Tony Silvoy, the owner of Goosey Gander II restaurant, was opening a bar on the third floor. After interviewing Silvoy, I discovered that the third floor will actually be a restaurant/banquet facility.

I was absolutely thrilled when I found out it would be a restaurant. You've all seen what Tony can do with a sandwich. Imagine what he can do with a steak.

Silvoy said the menu will include about ten of his most popular



sandwiches, such as the New-New-New, the Santa Fe, and the Shots. In addition, there will also be a salad menu, vegetarian options, chicken, fish, and steak.

Silvoy said the restaurant will fit close to 200 people. There will be one section for the restaurant and one section available for banquets. It will open at 4 p.m., right after the lunchtime Goose closes. And if you thought it couldn't get any better, the new restaurant will accept Gold Plus.



### From The desk of Ken Smith

Ken Smith is the  
Executive Director of  
Community & Regional Affairs  
Lehigh University

The holidays are approaching ----- quicker than you think. In 5 weeks, most of you will home or with loved ones for the winter break. Here's a thought; why not do your holiday shopping right here in Southside Bethlehem before you leave for your

break. With more than 20 gold plus merchants, finding the right gift is easy ---- as easy as using the gold card. Even a gift certificate to your favorite Bethlehem restaurant, to be used by parents, or siblings; or how about a set of tickets to an upcoming performance at Zoellner? Make your holiday shopping easy; do it before you leave for winter break, and save your holiday time for fun at home.

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# Volunteerism-- Featuring Adam Kornfield

By Hannah Maxwell

Whenever I meet people who volunteer their time helping the community or helping others, they always seem very humble about their contributions. They don't look at volunteering as a duty or as something that will look good on their resumes, and they seem to think that they should be doing more.

Adam Kornfield is no exception to this observation. After telling me about the many volunteering projects he has worked on in high school and in college (believe me the list was quite lengthy), Kornfield said he didn't consider himself the volunteering type. I was shocked at his statement, thinking about my own volunteering history, and realizing that if there was a "volunteering type," he was probably it.

Kornfield is a junior IBE



(integrated business and engineering) major and a brother at Sigma Phi Epsilon where he serves as the volunteer coordinator. He also works in the community service office with Carolina Hernandez. But his volunteering didn't begin in college.

During the summer between high school and college, Kornfield volunteered for Americorps, where he was placed in a program called the National Civilian Community Corps (NCCC). While in the NCCC, he did a variety of volunteer jobs in the San

Diego area. He worked on a ranger station in Idaho, at a science camp in Orange County teaching about earth and nature, picking weeds, repairing log cabins in Washington, and cleaning trails in San Francisco.

At Lehigh, he has been helping Hernandez out with Spooktacular—a project that invites local children to different areas on Lehigh's campus for Halloween fun. He also helped out with the Southside Sale.

In addition to the work he does with Hernandez and the work he does for his fraternity, Kornfield also volunteers at the Senior Center in Bethlehem. He plans on teaching an introductory course on how to play chess to the seniors.

Kornfield said, "It just feels good," when asked why he volunteers. He said he likes to see the seniors smiling and that it just makes him happy.

## Volunteer Opportunities

**The Banana Factory**--needs volunteers to assist in the Gallery, Gallery Shoppe, and art classes Contact: Jo Pritchett, 610-332-1340, email [jpritchett@fest.org](mailto:jpritchett@fest.org)

**Bethlehem Visitor's Center/Chamber of Commerce**--has many great volunteer opportunities. Contact: Kate Ferenczy, Bethlehem Downtown Manager, 610-841-5839, e-mail [katef@lehighvalleychamber.org](mailto:katef@lehighvalleychamber.org)

**Victory House of Lehigh Valley**--needs help preparing and serving food and assisting in clean up of kitchen facilities. Contact: Jim Hogg, 610-691-3373.

**Volunteer Center of the Lehigh Valley**--needs individuals or groups to fill "Holiday Hope Chests" with various gift items for needy children - boxes will be distributed at the holidays by various area agencies. Contact: Jane Trotter, 610-807-0336, e-mail: [jane@volunteerlv.org](mailto:jane@volunteerlv.org)

## Easy Fudge Recipe

This recipe is super easy and can be given as a gift simply by wrapping in a nice box.

### Ingredients

12 oz. package chocolate chips  
14 oz. can sweetened condensed milk  
1 teaspoon vanilla extract

### Optional

1 cup chopped nuts  
3 cups mini marshmallows

### Directions

Melt chocolate chips and sweetened condensed milk in microwave for 60-90 seconds  
Stir in vanilla extract  
Press into greased baking pan  
Refrigerate until firm

### Variations

Fold in nuts and marshmallows for rocky road fudge



## SLIDE INTO HOMEBASE

It is no rarity to see local skateboarders using the “No Skateboarding” signs in the Fairchild-Martindale Library courtyard as launch-ramps and curbs for spinning, twisting and getting their grind on.

Skateboarding is a passion, a life-style, and a really fun sport, not a effort to destroy property. So what are some alternatives for local skateboarders? Enter **HOMEBASE SKATE SHOP**, located at 321 South New Street

The passion skateboarders have for their craft is evident from the HOMEBASE bumper sticker that reads, “Death Before Dishonor.”

Andrew Po and Adam Albertelli, co-owners of Southside’s HOMEBASE, have reasons diverse but not far between for their joint venture. Po, a native of Tony Hawk’s hometown, San Diego is the full-time store manager and sees the store as an outlet for kids; a place where skateboarders can meet, shop, watch videos, relate, and evaluate life under one roof.



As a “Skater Owned and Operated” skate shop, HOMEBASE represents a beacon of light among local skateboarders, who seemed to encounter “No Skateboarding” signs at every corner before HOMEBASE opened in May of 2002.

“We had a video showing [before the opening] and there were over three hundred kids there,” Po said. That evening was a call to action for Po and his business partner.

Albertelli is a Lehigh class of

2001 industrial engineering major and Brother of Phi Delta Theta fraternity. After graduation, Albertelli landed a local job, and met Po through a fraternity Brother. The two found a common ground that is now HOMEBASE.

“I saw it an opportunity to learn the basics of business ownership, managing cash flows, dealing with retailers, you know.” Not a bad way to apply oneself while waiting to pursue a masters degree. Albertelli secures the loans while Po holds down the fort.

Skateboarders gather daily at HOMEBASE, where an arsenal of the latest from Emerica, Enjoi, Mosaic, Krooked, Etnies and Nike - ordered though exclusive and independent NYC retailers - decorate the shelves. Pamphlets are posted, informing skateboarders of their rights when cruising the streets. Kids now know they don’t have to feel like outlaws for having fun while engaging in their passion.

HOMEBASE serves to fortify the bonds of community, adding depth of character to the identity of South Bethlehem. I believe a skate park is in order. ....

By Mikhail Pappas

## Trivia Quiz

How many lights are on the Star of Bethlehem?



The first student to respond with the correct answer will win a \$10 gift certificate to Goosey Gander

E-mail your response to [anscaggs@lehigh.edu](mailto:anscaggs@lehigh.edu)

## Lehigh and Community Connections

We welcome letters and comments addressed to:

**Connections**  
422 Brodhead Avenue  
Bethlehem PA 18015

Phone: (610) 758-5801 Fax: (610) 758-5940  
Email: [anscaggs@lehigh.edu](mailto:anscaggs@lehigh.edu)  
Editor: Anne Noon-Scaggs  
Assistant Editor: Hannah Maxwell



Read us on-line at:  
[www.lehigh.edu/communityaffairs](http://www.lehigh.edu/communityaffairs)

# Keep Your New Year's Resolutions...For Longer Than Two Weeks



By Hannah Maxwell

Lose weight, stop smoking, eat healthier, save money, watch less television, be nicer to people. So what will your New Year's resolution be this year? It's that time of year again; when people start thinking about how they will make next year better than the last. And in approximately two to three months, it'll be the time of year when everybody wonders why their resolutions failed—again!

It is not secret that very few people are not able to keep their New Year's resolutions. Yet we all continue to make them, and for a little while we actually believe that this will be the year that we will lose weight, stop smoking, eat healthier, save money, watch less television, or be nicer to people.

If this is the year that you truly want to keep your New Year's resolutions, I have compiled some tips to help you be successful.

The first step to keeping your resolutions is to be realistic. If your diet consists mostly of pizza and beer, don't make a resolution to stop eating pizza forever. Instead, resolve to eat pizza only once or twice a

week. Deprivation almost always leads to disaster. If you try to stop eating pizza forever, it won't be long into the year until you break down and eat twice as much pizza as usual.

In addition to being realistic about your goals, you must also be committed. Don't choose a resolution unless you really want to accomplish it. Don't resolve to quit smoking because everybody tells you that you should. You need to be committed to a goal if you really want to keep it. If you do it for other people, you won't care if you fail.

I also suggest that you tell people about your resolution. Tell your family members, roommates, and friends what your goals are and ask them to encourage you. For example, if your goal is to eat healthier, tell your family and friends to be considerate of your goals. Ask that they not eat junk food when you are around, or ask them to encourage you to eat more fruits and vegetables.

Another tip that may help keep you on the road to resolution success is to be specific about your goals. Resolving to watch less

television is a very broad goal. A more specific resolution would be to try to watch less than four hours of television per day. As the year progresses, you may choose to refine your goals and try to watch less than three hours of television per day.

Finally, I offer you what I think is the most important tip for keeping New Year's resolutions; don't look at minor slipups as major resolution failures. If you just broke up with your boyfriend and eat an entire pint of Ben and Jerry's chocolate chip cookie dough, it doesn't mean your resolution to eat healthier has to be thrown out the window. Tell yourself that tomorrow you will eat healthier. If you smoke one cigarette after three weeks without one, don't use that as an excuse to start smoking again. Instead, use it as a learning experience and find out what caused you to smoke that cigarette. If your favorite show is on television, but you've already watched your allotted television for the day, don't skip it. Like I said before, deprivation almost always leads to disaster. Good luck with your resolutions!

## Calendar of Events

### Christkindlmarkt

Dec. 3-7, 10-14, 18-21

Spring and Main Streets

Crafts, live holiday music, exhibits, and delicious food.



### First Friday - "Holiday Open House"

Dec. 5

3rd and 4th Streets, Southside Bethlehem



### Lehigh University Shopping Week

Dec. 1-9

In-store promotions, and great holiday shopping ideas from participating merchants.



### Second Saturday- "Holiday Open House"

Dec. 13

Main and Broad Streets in Historic Bethlehem

### First Night

Dec. 31

Alcohol - free New Year's Eve celebration

Downtown Bethlehem



### First Friday

Jan. 2

### Second Saturday

Jan. 10

