

WORK VALUES CHECKLIST

Begin by reading the entire list, and then rate each item using the scale that follows:

1 = Not Important At All
2 = Not Very Important

3 = Somewhat Important
4 = Very Important

- _____ **Help Society:** Contribute to the betterment of the world I live in.
- _____ **Help Others:** Help others directly, either individually or in small groups.
- _____ **Public Contact:** Have lots of daily contact with people.
- _____ **Work with Others:** Have close working relationships with a group. Work as a team toward common goals.
- _____ **Affiliation:** Be recognized as a member of an organization whose type of work or status is important to me.
- _____ **Friendship:** Develop close personal relationships with co-workers.
- _____ **Competition:** Compare my abilities against others. There are clear outcomes.
- _____ **Make Decisions:** Have the power to set policy and determine a course of action.
- _____ **Work Under Pressure:** Work in a situation where deadlines and high quality work are required by my supervisor.
- _____ **Power and Authority:** Control other people's work activities.
- _____ **Influence People:** Be in a position to change people's attitudes and opinions.

_____ **Work Alone:** Do things by myself, without much contact with others.

_____ **Knowledge:** Seek knowledge, truth, and understanding.

_____ **Intellectual Status:** Be regarded by others as an expert or a person of intellectual achievement.

_____ **Artistic Creativity:** Do creative work in any of several art forms.

_____ **Creativity (general):** Create new ideas, programs, organizational structures, or anything else that has not been developed by others.

_____ **Aesthetics:** Have a job that involves sensitivity to beauty.

_____ **Supervision:** Have a job in which I guide other people in their work.

_____ **Change and Variety:** Have job duties that often change or are done in different settings.

_____ **Precision Work:** Do work that allows little tolerance for error.

_____ **Stability:** Have job duties that are largely predictable and not likely to change over long periods of time.

_____ **Fast Pace:** Work quickly; keep up with a fast pace.

_____ **Recognition:** Be recognized for the quality of my work in some visible or public way.

_____ **Excitement:** Do work that is very exciting or that often is exciting.

_____ **Adventure:** Do work that requires me to take risks.

_____ **Profit, Gain:** Expect to earn large amounts of money or other material possessions.

_____ **Independence:** Decide for myself what kind of work I'll do and how I'll go about it, not have to do what others tell me to do.

_____ **Moral Fulfillment:** Feel that my work is contributing to a set of moral standards that I feel is very important.

_____ **Location:** Find a place to live (town, geographic area) that matches my lifestyle and allows me to do the things I enjoy most.

_____ **Community:** Live in a town or city where I can get involved in community affairs.

_____ **Physical Challenge:** Have a job with physical demands that are challenging and rewarding.

_____ **Time Freedom:** Handle my job according to my own time schedule; no specific working hours.

My Top Five Values Are:

1.

2.

3.

4.

5.